

WRIST ARTHROSCOPY ADVANCED COURSES

ircad
France
STRASBOURG
UNIVERSITY



DATES

MARCH 6 - 7

NOVEMBER 27 - 28

COURSE SUPERVISORS

C. Mathoulin (FR)
J.R. Haugstvedt (NO)
P. Liverneaux (FR)

GENERAL DIRECTORS

A. Arnaout (FR)
L. Merlini (FR)

COURSE MANAGERS

V. Carratala (FR)
C. Taleb (FR)

SEASONAL WRIST FORUM COURSE MANAGERS

L. Marcovici (IT)
C. Taleb (FR)

2026

8:00 am | REGISTRATION AND WELCOMING OF THE PARTICIPANTS

8:30 am | THEORETICAL SESSION 1 - TFCC

- TFCC repair and foveal refixation (transosseous or anchor)
- TFCC reconstruction
- DRUJ arthroscopy

9:30 am | HANDS-ON SESSION 1

- DRUJ arthroscopy
- TFCC repair
- TFCC foveal refixation
- Suspensoplasty

12:30 pm | LUNCH AT THE INSTITUTE

1:30 pm | THEORETICAL SESSION 2 – SL, LT AND PERILUNATE INJURIES

- SL wide ADCLR
- SL volar repair
- SL reconstruction
- LT repair and reconstruction
- Perilunate dislocation management
- Distal radius fracture: arthroscopic-assisted technique and controversies about ligament repair

2:30 pm | HANDS-ON SESSION 2

- SL wide ADCLR
- Supercapsuloplasty, double capsuloplasty, and related techniques
- SL volar repair, SL reconstruction
- LT repair and reconstruction

6:00 pm | END OF SESSION

8:00 pm | DINNER IN HONOR OF THE PARTICIPANTS

8:15 am | **EVALUATION OF THE PREVIOUS DAY'S SESSIONS**

8:30 am | **THEORETICAL SESSION 3 - SCAPHOID, STT AND THUMB CMC**

- Arthroscopic grafting for scaphoid nonunion and management of proximal pole nonunion
- Scaphoid nonunion: adjuvant arthroscopic options
- Lunate bone ganglion
- Treatment of STT arthritis: arthroscopic excision of the distal scaphoid
- CMC arthroscopy and treatment options for arthritis, including arthroscopic excision of the distal trapezium

9:30 am | **HANDS-ON SESSION 3**

- Scaphoid nonunion grafting
- Distal radius core decompression
- Lunate bone ganglion
- STT resection techniques
- CMC: partial resection, interposition

1:30 pm | **LUNCH AT THE INSTITUTE**

2:30 pm | **IRCAD-IWC SEASONAL WRIST FORUM**

- Roundtable
- Discussion of clinical cases
- Q&A
- Debriefing

4:30 pm | **END OF THE COURSE
DELIVERY OF CERTIFICATES OF ATTENDANCE**

WRIST ARTHROSCOPY MASTER COURSE

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DATE

NOVEMBER 27 - 28

COURSE SUPERVISORS

C. Mathoulin (FR)
J.R. Haugstvedt (NO)
P. Liverneaux (FR)

COURSE MANAGERS

M. Burnier (FR)
F. Corella (ES)

GENERAL DEPUTY DIRECTORS

A. Arnaout (FR)
L. Merlini (FR)

SEASONAL WRIST FORUM
COURSE MANAGERS

L. Marcovici (IT)
C. Taleb (FR)

8:00 am | REGISTRATION AND WELCOMING OF THE PARTICIPANTS

8:30 am | THEORETICAL SESSION 1 - TFCC

SL RECONSTRUCTION

- Anatomy incl. biomechanics, classification
- Arthroscopic-assisted SL reconstruction
- “My technique” by 3 experts
- Discussion with 2 or 3 cases

EXTRINSIC LIGAMENTS

- Anatomy and biomechanics of extrinsic ligaments
- Traumatic non-dissociative carpal instability
- Perilunate instability
- Case discussions

10:00 am | HANDS-ON SESSION 1

- According to the topic, different techniques of SL reconstruction, extended ADCLR technique, then more hybrid techniques, including extrinsic ligament reconstructions

12:30 pm | LUNCH AT THE INSTITUTE

1:30 pm | THEORETICAL SESSION 2 – SL, LT AND PERILUNATE INJURIES

TFCC: FOVEAL REPAIR AND RECONSTRUCTION

- Anatomy and biomechanics, pisiform-triquetral arthroscopy
- “My technique” by 3 experts
- Discussion of 2 or 3 cases

ARTHROPLASTY WITH INTERPOSITION RESECTION

- “My technique” by 2-3 experts
- Discussion of 2 or 3 cases

2:30 pm | HANDS-ON SESSION 2

- Hands-on exercises focused on various TFCC reconstruction techniques, including hybrid, arthroscopic-assisted, and open approaches, as well as different interposition arthroplasty methods.

6:00 pm | END OF SESSION

8:00 pm | DINNER IN HONOR OF THE PARTICIPANTS

8:15 am | **EVALUATION OF THE PREVIOUS DAY'S SESSIONS**

8:30 am | **THEORETICAL SESSION 3**

SCAPHOID NON-UNION

- Anatomy including blood supply, Biomechanics
- Scaphoid Non-Union (SNU) - "My technique" by three experts (choice of graft, need for reduction, type of osteosynthesis, proximal pole considerations)
- Discussion of 2 or 3 cases

ARTHROSCOPIC BONE FUSION AND SCAPHOID EXCISION

- "My technique" by 2-3 experts

KIENBÖCK'S DISEASE

- Introductory talk with anatomy, staging, histology, MRI, CT, and other diagnostic tools
- Arthroscopic treatment in different stages
- Different options and techniques by different speakers

9:30 am | **HANDS-ON SESSION 3**

- Different techniques for SNU
- Partial bone fusion
- Kienböck's disease

1:30 pm | **LUNCH AT THE INSTITUTE**

2:30 pm | **IRCAD-IWC SEASONAL WRIST FORUM**

- Roundtable
- Discussion of clinical cases
- Q&A
- Debriefing

4:30 pm | **END OF THE COURSE**
DELIVERY OF CERTIFICATES OF ATTENDANCE